



Classroom Education Resources for Meth Prevention

LifeSkills

A free substance abuse prevention curriculum for grades 3-12, designed to provide students with the necessary skills to resist social pressures to smoke, drink and use drugs. It also reinforces skills to help them develop greater self-esteem, self-mastery, and self-confidence, while enabling them to effectively cope with social anxiety and increase their knowledge of the immediate consequences of substance use.

Positive Action

An integrated and comprehensive curriculum-based program designed to improve academic achievement and problem behaviors such as substance use, violence and disruptive behaviors as well as family cohesion. Its concepts are universal and effective for all populations and socioeconomic levels and ages. All materials are based on the same unifying broad concept with six explanatory sub concepts that elaborate on the overall theme.

Project ALERT

A substance abuse prevention curriculum for 7th and 8th graders. The Project ALERT curriculum addresses the pro-drug mindset of today's teens and effectively increases their likelihood to remain drug-free.

Project SUCCESS (Schools Using Coordinated Community Efforts to Strengthen Students)

A Substance Abuse and Mental Health Services Administration (SAMHSA) Model Program that aims to prevent and reduce substance use and abuse among high risk, multi-problem adolescents placed in alternative schools and high-risk students in regular secondary schools. It works by placing highly trained professionals (Project SUCCESS counselors) in the schools to provide a full range of substance abuse prevention and early intervention services.

Too Good for Drugs (TGFD)

A school-based prevention program for kindergarten through 12th grade that builds on students' resiliency by teaching them how to be socially competent and autonomous problem solvers. TGFD focuses on developing personal and interpersonal skills to resist peer pressures, goal setting, decision-making, bonding with others, having respect for self and others, managing emotions, effective communication and social interactions.

National Institute of Drug Abuse (NIDA) Teen Program

Downloadable lessons based on science that were developed by the National Institutes of Health for classroom teachers.